



GEORGETOWN MEDICAL CLINIC

2100 SCENIC DRIVE ★ GEORGETOWN TEXAS 7862

Stress Test

You have been scheduled to have a stress test on _____ at _____.
Please report to the Georgetown Hospital at least 15 minutes prior to your scheduled time.

In order to assist you with your stress test, please observe the following instructions before testing.

1. *No medications the day of the test unless your doctor orders otherwise instructed.*
2. *If your test is scheduled prior to 10:00 am, you should have water only after midnight..*
3. *If your test is scheduled after 10:00 am, you will need to have a light breakfast, then skip lunch. Water only after 10:00am and no caffeine the day of the procedure.*
4. *Wear comfortable clothing.*
5. *Wear walking shoes or tennis shoes.*
6. *If you are unable to make your scheduled test, please call the doctor's office as soon as possible.*

If you have further questions concerning your stress test please call our office at 512-930-4593.